The Antips Expedition program takes school groups on a 3-4 week journey to one of 30 diverse destinations. The program includes community service work, trekking, sightseeing and cultural immersion.

**ExpEriential lEArning**

Our Expeditions give students ‘real-world’ leadership skills. From the outset students are actively involved in all decision making - from the itinerary; budget and transport; to where the group stays - even where they will get their next meal.

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**Antipodeans Abroad is Australasia’s most experienced and much-loved student travel company. We’ve been guiding students and groups through the developing world for over 20 years.**

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**GENUINE CONTRIBUTION**

Students participate in projects that have been created in consultation with local communities over a number of years. These strong, on-going relationships ensure the projects are well managed, risk-assessed and of course; really do contribute meaningfully to the lives of the local people.

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**EXPERIENCED SUPPORT TEAM**

The Antips’ support team comprises of highly professional leaders; a dedicated Expedition Manager; and experienced, senior staff on call 24-hours a day for the duration of the Expedition. Our team has travelled extensively through the developing world and are very skilled in working with young people.

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We made all the decisions ourselves. Where we ate, where we slept, how we got there - all in a foreign country.

Adele, Year 11 Student, Borneo Expedition

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Adele, Year 11 Student, Borneo Expedition
THE EXPEDITION

1. PREPARATION

The journey begins well before the bags are packed. Students participate in comprehensive training courses and preparation starting 6-18 months before departure. They develop leadership and organisational skills to become active, confident members of the team; ready to face new and challenging situations as a traveller.

Training courses are run by the Antips leader who travels with the students on the Expedition. This ensures continuity, communication and rapport with the group. Parents are also involved in parent meetings to outline the itinerary, and go through medical, visa and equipment advice.

2. THE PROJECT

Often considered the highlight of the Expedition, students help out on a community project. Projects are varied and involve working to improve the infrastructure of local schools and interacting with local children. The Project is carefully developed by Antips with local community members to ensure it makes a sustainable and genuine contribution. Students can expect to engage with the local community, which enables a deep cultural immersion and exchange.

3. THE TREK

A chance for students to challenge themselves and bond as a team! Our students trek through high mountains, pristine jungle and remote villages. We employ local trekking teams to carry heavy equipment like stoves and food.

4. EXPLORATION

Our teams travel back-packer style to explore the sights, soak up the atmosphere and above all, have fun! Unlike the usual school tour or family holiday, students take responsibility for the decision making, supported by their Antips Leader.

“Our students got to see through the poverty. They realised the importance of community in the lives of these people – and for themselves.”

Mark, Teacher, India Expedition

WE PUT SAFETY FIRST

HIGHLY QUALIFIED LEADERS
Our highly qualified and carefully selected leaders are responsible for the overall safety and supervision of each Expedition team. Wilderness First Aid qualified, our leaders are real-world educators and are equipped to develop group dynamics from pre-departure preparation through to the Expedition.

24/7 BACK UP
Our team is highly experienced in managing groups of young people in developing countries. Each school will have a dedicated Expedition Manager on hand to provide advice and information pre-departure as well as emergency back-up 24 hours a day during the Expedition.

STRONG LOCAL TIES AND ON-GROUND SUPPORT
Our long-standing network of in-country partners have years of experience working on Antips’ programs and with Australian and New Zealand students. They deliver invaluable local knowledge, professional support and assistance on the ground that is tried and tested.

COMPREHENSIVE INSURANCE
All teams are registered with the Department of Foreign Affairs and Trade (DFAT) or the Ministry of Foreign Affairs and Trade (MFAT) prior to departure and are covered by our comprehensive group travel and medical insurance policy. This policy is underwritten by Accident & Health International, (AHI) and is specially designed for our student expeditions.

VACCINATIONS AND MEDICAL ADVICE
Antips engages medical experts Travellers’ Medical & Vaccination Centre (TMVC) as our medical consultant. We highly recommend all participants visit a TMVC clinic to receive relevant up-to-date medical advice and vaccinations required. Antips travellers receive a valuable discount when using this service.
We had the same single Antips contact from the kick off meeting through to the end of the Expedition so it was easy to get answers and feel comfortable that everything was running smoothly and safely.

David, Parent
Nepal Expedition

**OUR BACKGROUND IS IN EDUCATION**

Our founder, Australian high school teacher Colin Carpenter began Antips to ‘build confidence, leadership and worldliness in young people through experience with other cultures’.

Over many years Antips has built a solid understanding of young people’s educational needs, and tailored our travel adventures to meet these changing requirements. Over the years we’ve sent more than 10,000 students away to over 30 different destinations!

From high school Expeditions, to taking a ‘gap year’ or volunteering abroad whilst at university, we provide meaningful travel experiences for students of all ages. Visit [antipodeans.com.au](http://antipodeans.com.au) or [antips.co.nz](http://antips.co.nz) to see our range of student programs.

**FREQUENTLY ASKED QUESTIONS**

1. **WHAT DO THE COSTS COVER?**
   Costs cover return flights, comprehensive travel insurance, all in-country costs (i.e. food, accommodation, transport for the entirety of the trip), all pre-departure meetings and student training courses, teacher training and travel costs, an experienced Antips leader, 24-hour back-up, safety and support. It does not include visas and vaccination expenses.

2. **WHAT ABOUT FUNDRAISING?**
   Setting individual and team goals is an important part of the program. Students can raise all, or part of the cost through part-time work and ‘out of school’ fundraising events. The team can also fundraise to contribute to extra resources for their community project.

3. **WHAT ABOUT HEALTH CONCERNS?**
   Our program caters to students with a variety of health conditions. Prior to departure, students with health concerns must gain ‘approval’ from their own medical practitioner that they are fit to go. From there, Antips will work with the individual to make sure the medical condition is appropriately managed. Antips leaders are highly trained in first aid and carry extensive medical kits.

4. **IS THIS PROGRAM SUITABLE FOR MY CHILD?**
   Our program is open to all students. We ensure your child is adequately prepared so he or she can be a valued member of the team. Our leaders are experts at running an inclusive program and developing the skills of individuals as well as the team.

**CONTACT US:**

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