Junior School

CO-CURRICULAR

Sports 2019

Be yourself.
Kids’ sport, learning more than just a game.

Be positive, help them grow.

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INTRODUCTION

This booklet has been developed to assist students and parents in their understanding of the co-curricular sports program at the Junior School. Details may vary from time to time. It should be used as a guide when deciding in which activities students wish to participate.

CANBERRA GIRLS GRAMMAR SCHOOL PHILOSOPHY FOR CO-CURRICULUM

The co-curricular program is an integral part of the educational experience at Canberra Girls Grammar School and includes all activities that support, enhance or complement the formal academic curriculum.

It is based on the philosophy that personal growth occurs when students and staff can access a broad range of experiences. Success in future studies, employment and life itself can result for those who have a balanced approach to work and broader social commitments and who have developed their capacity to work effectively with others.

Our program offers each student the opportunity to explore and cultivate their passions and interests, to be inspired to discover their own potential, to showcase their talents and develop leadership, self-confidence and pride.

Our program offers each teacher, parent and volunteer the opportunity to build relationships, to enhance connectedness with our students and to further develop their own personal and professional journey.

Co-curricular Sports Program and Policy

Canberra Girls Grammar School values participation in co-curricular sport for students to:

- develop physical skills and enhance their wellbeing;
- develop skills in teamwork, leadership and competition;
- take responsibility for themselves and others through commitment and teamwork;
- learn and apply the concept of fair play;
enjoy the physical activity and the social experience of sport in a positive environment.

The following sports are offered as part of the program and sports teams are entered into local competitions where available and appropriate:

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There are other activities (extra-curricular) that are available at the School which are offered by outside providers without Canberra Girls Grammar School staff appointed to oversee the program, for example Tennis lessons in the Junior School. These activities do not come under the Canberra Girls Grammar School Sports Policy.

The program will be evaluated at the end of each season. Any changes (either additions or deletions) to the program will occur in the following calendar year.

Students are encouraged to undertake a sporting activity and are invited to participate in the program.

Children may not participate in Canberra Girls Grammar School programs unless they are enrolled at Canberra Girls Grammar School.

If Students are leaving Canberra Girls Grammar School at the end of the school year they may not participate in any Term 4 sporting activity that continues into Term 1 of the following year. As soon as a student’s enrolment at Canberra Girls Grammar School ceases, so does any participation as a player in the Canberra Girls Grammar School Sports program.

The Junior School encourages participation in co-curricular sport because of the health benefits of exercise and leading a physically active life. The focus is on inclusivity, fun and participation in competition.

Players will be organised into teams, and coaches and managers appointed by the school. Coaches will be allocated to teams on the basis of qualifications and experience.

All coaches and managers are required to hold a Working With Vulnerable People card.
Practices are normally held outside school hours on weekdays. Teams will train a maximum of once per week and sessions will be a maximum of one hour. Competitions may be on weekends or evenings during the week. Students must arrive at competitions at the time specified by the coach.

Once a student has completed the on-line sign up form they have made a commitment to participate in a particular sport. The student is expected to attend one practice and one match per week. Some combinations of sports may not be possible due to clashes of practice and/or match times or clashes with other commitments. It is the student’s responsibility to identify clashes and consult with the PE and Sport Administrator in such circumstances. The final decision will rest with the Head of PE and Sport. Please note, it may not be possible to be involved with snowsports and another team sport during Terms 2 and 3.

A copy of the School’s Participation Contract and Codes of Conduct can be found at the end of this booklet. Students and parents are required to read the contract and code and agree to the conditions when signing up electronically for a sport.

Should a student experience ongoing ill health and require withdrawal from an activity, notification from the parents must be in writing and addressed to the Teacher Liaison of the sport.

If a student is going to be absent from a match or training session, parents are to notify the manager/coach and Teacher Liaison (as appropriate) of the sport.

All team members must have and wear the appropriate team uniform for matches. The team uniform or the Canberra Girls Grammar School PE uniform may be worn for practices. Only the School tracksuit pants and tracksuit top/rugby jumper may be worn as outer garments at competition venues or at training. Correct footwear must be worn at both training and competitions.

Appropriate behaviour is expected of all players both on and off the field. Students must remember they are representing the School and display a high standard of sportsmanship as well as courtesy and respect at all times. Discipline procedures will be in line with usual School procedures; players exhibiting inappropriate behaviour will be referred to the Head of the Junior School by the Teacher Liaison. The structure of competitions comes under the guidance of the various external sporting associations.
While Canberra Girls Grammar School takes measures to make sporting activities as safe as possible for participants, there is a risk that students can be injured as a result of their participation in sporting activities, whether at training or in competitions. Every effort is made to ensure that Canberra Girls Grammar School facilities are well maintained to minimise risk to students.

**Other Competitions**

As well as fielding teams in regular ongoing competitions, the School may enter teams in School Sport ACT competitions (eg. cross country, swimming, athletics), and other competitions held during term time. Participation in these competitions is at the School’s discretion, taking into account factors such as the level of interest, the strength of the teams, the timing of the competition, time out of school and teacher expertise.

*Sport — learning life lessons.*
REPRESENTING THE SCHOOL

Canberra Girls Grammar School participates as part of the South Weston District.

**ACT REPRESENTATION**: All Students are eligible to try out for ACT selection regardless of whether Canberra Girls Grammar School offers the sport at School. Students will be notified of trial dates as soon as the school is informed.

**ACT SSA**: The School Sport Association is the governing body of School Sport in the ACT. They hold carnivals in Swimming, Athletics and Cross Country. They also select teams to represent the territory at National School competitions. Each sport has its own trial and selection criteria. Students aged 12 or younger throughout the current school year are eligible to be selected to represent the ACT SSA. Students will be notified of trials as the School is informed.

**CELEBRATING ACHIEVEMENTS**: We encourage parents to notify the school of their child’s results in all sporting endeavours and to provide, where possible a photograph. We love to hear about all of the students’ achievements. Please use the email address JSAchievements@cggs.act.edu.au

**STUDENTS REQUIRING LEAVE FOR SPORT**: Parents of students participating in Sporting Activities that are not on the School Calendar must write a letter to the Head of Junior School to request leave for the required time.

**UNIFORM**: Students are expected to wear the School Sports Uniform including the School tracksuit as the outer garment – weather permitting. Most sports specific uniform can be purchased from the School Shop.

**COACHING**: All our teams will have a designated coach. This may be a paid coach or parent volunteer. We are continually looking for more coaches so if you know of any suitable coaches please contact Greg Cross at Canberra Girls Grammar School.

*Building skills, building character.*
ATHLETICS

SELECTION PROCESS  Students compete in the School House Athletics Carnival. Results from this Carnival are used to select a team to represent the School at the South Weston Track and Field Carnival. Following the South Weston Carnival, a team is selected to represent the district at the ACT SSA Track and Field Carnival.

ELIGIBILITY  Year 2 – 6

COMPETITIONS  School Track and Field Carnival
South Weston Track and Field Carnival
ACT Track and Field Carnival
National Track and Field Carnival

VENUE  AIS Track and Field Arena

UNIFORM  PE shorts and House or white sports t-shirt
School tracksuit / Rugby Jumper

TRAINING  Individuals are expected to conduct their own training. There will be limited opportunity for athletes to practice for their event during lunchtimes, after school or during PE lessons leading up to each carnival.

APPROXIMATE COSTS  Entry Fees

ASSOCIATIONS  South Weston SSA
ACT SSA

EXPECTATIONS  It is expected that all students who qualify for South Weston SSA or ACT SSA be available to compete. If not, they are to notify the School prior to the event so that a replacement athlete can be found. School rules apply at all events. Parental support is always encouraged.

CONTACT  Monica Palmer

EMAIL ADDRESS  JSport@cggs.act.edu.au

CONTACT NUMBER  6202 6411
**BASKETBALL**

**SELECTION PROCESS**  All students are encouraged to participate. Team selection is based initially on the numbers and age of participating students. As skill develops, placement by grading may occur. Skill levels and experience will be taken into consideration. The School will determine the final placement of students. Parents will be notified as team placements are finalised.

**ELIGIBILITY**  Years 2 – 6

**COMPETITIONS**  Winter season Term 2 and Term 3 May – September
                     Summer season Term 4 and Term 1 October – March

**VENUE**  Southern Cross Basketball Stadium – Tuggeranong or Belconnen Basketball Stadium

**UNIFORM**  School basketball singlet (provided)
              U10 and U12 – PE shorts (pockets must be sewn up)
              U14 – regulation basketball shorts bought from the school shop.

**TRAINING**  Teams train once a week after school. This is arranged in consultation with the Teacher in Charge and the coaches at either the Junior School Hall, outside courts, or at the Senior School Gymnasium.

**APPROXIMATE COSTS**  $160–220

**ASSOCIATIONS**  Basketball ACT

**EXPECTATIONS**  Teams are expected to perform duty either before, during or after their game. School rules apply at all events. Parents are very welcome to watch and assist where necessary.

**CONTACT**  Monica Palmer

**EMAIL ADDRESS**  JSport@cggs.act.edu.au

**CONTACT NUMBER**  6202 6411
**CRICKET**

**SELECTION PROCESS**  
All students are encouraged to participate. Team selection is based initially on the numbers and year level of participating students. As skill develops, placement by grading may occur. Skill levels and experience will be taken into consideration. The School will determine the final placement of students. Parents will be notified as team placements are finalised.

**ELIGIBILITY**  
Prep – Year 6

**COMPETITIONS**  
Term 4 and Term 1 – October through to March of the following year

**VENUE**  
Deakin or various locations around Canberra (depending on grade)

**UNIFORM**  
White school sports top  
PE shorts or white pants (depending on age/grade)

**TRAINING**  
Teams train once a week after school on the Junior School Oval. This is arranged in consultation with the Teacher Liaison and the coaches.

**APPROXIMATE COSTS**  
$100 – $190 registration and insurance fee

**ASSOCIATIONS**  
Eastlake Cricket Club  
Cricket Australia

**EXPECTATIONS**  
Teams are expected to perform duty either before, during or after their game. School rules apply at all events. Parents are very welcome to watch and assist where necessary.

**CONTACT**  
Monica Palmer

**EMAIL ADDRESS**  
JSport@cggs.act.edu.au

**CONTACT NUMBER**  
6202 6411
CROSS COUNTRY

SELECTION PROCESS  Students compete in the House Cross Country Carnival. Results from this Carnival are used to select a team to represent the School at the South Weston Cross Country Carnival. Following the South Weston Carnival, a team is selected to represent the district at the ACT SSA Cross Country Carnival.

ELIGIBILITY  Years 2 – 6

COMPETITIONS  School House Cross Country Carnival
               South Weston Cross Country Carnival
               ACT Cross Country Carnival
               SSA Cross Country Championships

VENUE  Stromlo Forrest Park

UNIFORM  PE shorts and white House sports shirt, School tracksuit/Rugby Jumper

TRAINING  Individuals are expected to conduct their own training. There will be limited opportunity for athletes to practise for their event during PE lessons.

APPROXIMATE COSTS  Entry Fees

ASSOCIATIONS  South Weston SSA
               ACT SSA

EXPECTATIONS  It is expected that all students who qualify for South Weston SSA or ACT SSA are available to compete. If not, they are to notify the School prior to the event so that a replacement athlete can be found. School rules apply at all events. Parental support is always encouraged.

CONTACT  Monica Palmer

EMAIL ADDRESS  JSport@cggs.act.edu.au

CONTACT NUMBER  6202 6411
**EQUESTRIAN**

**SELECTION PROCESS**  
Any student who owns their own horse and is able to compete and travel to and from events.

**ELIGIBILITY**  
Years 2 – 6

**COMPETITION DATES**  
There are various school competitions held throughout the year.

**UNIFORM**  
White long sleeve winter shirt  
Tartan tie and bow  
Green school jumper  
Beige jodhpurs  
Brown boots  
Helmet cover  
Canberra Girls Grammar School saddlecloth

**TRAINING**  
Individuals are expected to conduct their own training.

**APPROXIMATE COSTS**  
Varies, depending on the competition. Riders must purchase their own saddlecloth (approx. $65) and a School tie ($15)

**TEACHER IN CHARGE**  
Nicole Mackey

**EMAIL ADDRESS**  
nicole.mackey@cggs.act.edu.au

**CONTACT NUMBER**  
02 6202 6431

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**FOOTBALL (SOCCER)**

**SELECTION PROCESS**  
All students are encouraged to participate. Team selection is based initially on the numbers and age of participating students. As skill develops, placement by grading may occur. Skill levels and experience will be taken into consideration. The School will determine the final placement of students. Parents will be notified as team placements are finalised.

**ELIGIBILITY**  
U/6 – U/9 – Woden Valley  
U/10 – U/12 – Canberra Girls Grammar School

**COMPETITION DATES**  
Term 2 and Term 3 – May to September
VENUE
Various fields around Canberra

UNIFORM
U/6 – U/9  Soccer shirts (supplied by WVSC)
Woden Valley sky blue soccer shorts
Woden Valley Sky blue long socks
Boots and shin pads (compulsory)

U/10 – U/12  Red school shorts
Red soccer shirt (provided)
Red soccer socks
Boots and shin pads (compulsory)

TRAINING
Teams train once a week after school on the Junior School Oval. This is arranged in consultation with the Teacher Liaison and the coaches.

REGISTRATION
Canberra Girls Grammar School students Under 6 to Under 9 through Woden Valley Soccer Association

Canberra Girls Grammar School students Under 10 to Under 12 through Capital Football

APPROXIMATE COSTS
$100 – $190 registration and insurance fee

ASSOCIATIONS
Woden Valley Soccer Club Inc.

Capital Football

EXPECTATIONS
School rules apply at all events. Parents are very welcome to watch and assist where necessary.

CONTACT
Monica Palmer

EMAIL ADDRESS
JSport@cggs.act.edu.au

CONTACT NUMBER
6202 6411
**HOCKEY**

**SELECTION PROCESS**  
All students are encouraged to participate. Team selection is based initially on the numbers and year level of participating students. As skill develops, placement by grading may occur. Skill levels and experience will be taken into consideration. The School will determine the final placement of students. Parents will be notified as team placements are finalised.

**ELIGIBILITY**  
Prep – Year 6, winter  
Years 3 – 6, summer

**COMPETITIONS**  
Winter season Term 2 and Term 3 – May to September  
Summer season Term 4 and beginning of Term 1 following year

**VENUE**  
Various locations in Canberra

**UNIFORM**  
White sports top  
Red hockey skirt  
Red hockey socks  
School tracksuit

**EQUIPMENT**  
Students need to supply their own hockey stick, shin guards and mouth guard for both training and games.

**TRAINING**  
Teams train once a week after school. Hookin2Hockey and u11’s will train on the Junior School Artificial Turf. U13s will train at the ACT Hockey Centre in Lyneham. This is arranged in consultation with the Teacher Liaison and the coaches.

**APPROXIMATE COSTS**  
$100 – $225

**ASSOCIATIONS**  
ACT Hockey

**EXPECTATIONS**  
School rules apply at all events. Parents are very welcome to watch and assist where necessary.

**CONTACT**  
Monica Palmer

**EMAIL ADDRESS**  
JSport@cggs.act.edu.au

**CONTACT NUMBER**  
6202 6411
NETBALL

SELECTION PROCESS  All students are encouraged to participate. Team selection is based initially on the numbers and year level of participating students. As skill develops, placement by grading may occur in Years 5 and 6. Skill levels and experience will be taken into consideration. The School will determine the final placement of students. Parents will be notified as team placements are finalised.

ELIGIBILITY

- **NetSetGo**  
  Years 2–3  
  Year 1 (skills program)  
  Prep (Summer Only)

- **Junior Go**  
  Year 4

- **Junior Netball**  
  Years 5–6

COMPE TITION DATES

- SCNA Winter Competition – Mid Term 1, Term 2 and Term 3
- SCNA Summer Twilight Competition – Term 4

VENUE

South Canberra Association Netball Courts Makin Place, Deakin

UNIFORM

- White sports top  
  Red netball skirt or PE shorts

- Blue bike shorts  
  School tracksuit/rugby jumper

TRAINING

Teams train once a week after school on the Junior School Courts. This is arranged in consultation with the Teacher Liaison and the coaches.

Summer twilight competition – no training

APPROXIMATE COSTS

- Winter — $190–245
- Summer — $105–130

ASSOCIATIONS

South Canberra Netball Association

EXPECTATIONS

School rules apply at all events. Parents are very welcome to watch and assist where necessary.

CONTACT

Monica Palmer

EMAIL ADDRESS

JSport@cggs.act.edu.au

CONTACT NUMBER

6202 6411
SNOWSPORTS

SELECTION PROCESS  Any student who is a competent skier or boarder is able to compete. Team selection will be based on previous performances and experience. Includes Alpine, Skiercross, Moguls, Cross Country Skiing and Snowboarding.

ELIGIBILITY  Years P – 6

COMPETITIONS  ACT Southern NSW
                Nationals

VENUE  ACT – NSW Ski Fields
       Nationals – NSW/Vic Ski Fields

UNIFORM  Students wear their own appropriate ski wear

TRAINING  Individuals are expected to conduct their own training for all events.

APPROXIMATE COSTS  $40–45 per event. Accommodation, transport and lift tickets as per personal arrangements. Additional $50 School levy

ASSOCIATIONS  SnowSports ACT

EXPECTATIONS  School rules apply at all events. Parents are required to arrange own accommodation and transport. Parents are required to assist as team managers / race officials.

CONTACT  Monica Palmer

EMAIL ADDRESS  JSport@cggs.act.edu.au

CONTACT NUMBER  6202 6411
SWIMMING

SELECTION PROCESS
Students compete in the School House Swimming Carnival. Results from this Carnival are used to select a team to represent the School at the South Weston Swimming Carnival. Following the South Weston Carnival, a team is selected to represent the district at the ACT SSA Swimming Carnival.

ELIGIBILITY
Years 3 – 6

COMPETITIONS:
School House Swimming Carnival
South Weston SSA Swimming Carnival
ACT Swimming Championships
National Swimming Carnival

VENUE
Australian Institute of Sport (School House Swimming Carnival)

UNIFORM
School swimmers and House swimming cap

TRAINING
Individuals are expected to conduct their own training

APPROXIMATE COSTS
Entry Fee

ASSOCIATIONS
South Weston SSA
ACT SSA

EXPECTATIONS
It is expected that all students who qualify for South Weston SSA or ACT SSA will be available to compete. If not, they are to notify the School prior to the event so that a replacement swimmer can be found. School rules apply at all events. Parental support is always encouraged.

CONTACT
Monica Palmer

EMAIL ADDRESS
JSport@cggs.act.edu.au

CONTACT NUMBER
6202 6411
**TENNIS**

**SELECTION PROCESS**
Any student who can play tennis and wants to represent the School is most welcome.

Private Tennis Lessons are available at lunchtimes on Monday, Wednesday or Friday on the Junior School Courts. Please complete the application form for Private Tennis lessons in the Co-curricular Activities booklet.

**ELIGIBILITY**
Private lessons — Years Prep–6

**COMPETITIONS**
ACT Primary Schools Singles Tennis Event – May
(Years 3–6)

**UNIFORM**
White sports top
PE shorts

**TRAINING**
Individuals are expected to conduct their own training.

**APPROXIMATE COSTS**
$8 per player – ACT Tennis Singles
Private Tuition approximately $150 per term

**ASSOCIATIONS**
ACT SSA

**EXPECTATIONS**
School rules apply at all events. Parents are very welcome to watch.

**CONTACT**
Monica Palmer

**EMAIL ADDRESS**
Schools Competition – [JSport@cggs.act.edu.au](mailto:JSport@cggs.act.edu.au)
Private Lessons– [dbtennis@grapevine.com.au](mailto:dbtennis@grapevine.com.au)

**CONTACT NUMBER**
6202 6411
Blood Policy Guidelines
These guidelines are recommended for use both during training and games.

- Bleeding players must be removed immediately from the field of play until the bleeding is controlled and the wound covered with a waterproof dressing.
- Individual disposable wipes should always be used.
- Blood soaked clothing should be replaced by clean clothing.
- First aid kits should contain disposable gloves.

Hydration Guidelines

- Coach/Manager should ensure that water is available at all venues at all times and if necessary, water carriers should be provided during events.
- Scheduled breaks should be used to actively promote the benefits of hydration to participants.
- Coach/Manager should encourage all students to bring individual water bottles for every training/competition. During events, these should be located immediately next to the competition area to enable competitors to help themselves.

*Thirst is a poor indicator of fluid need*

*Hydrate before, during and after play*

Sun Smart Guidelines

Students are encouraged to wear a hat and sunscreen to trainings and games as appropriate. For further information refer to the Schools Sun Smart Policy.

Learning more than sport.
CODES OF CONDUCT FOR SPORTS AT CANBERRA GIRLS GRAMMAR SCHOOL

Players

• Participate for your own enjoyment
• Abide by the rules of the sport
• Do not argue with referees or officials. You may ask your coach to approach the referee/umpire or official during a break or after the competition
• Be a good sport and be gracious in victory and defeat
• Be a positive team member
• Treat all players, coaches, managers, parents, referees/umpires and officials with respect – intolerance, rudeness, poor language and bullying are not acceptable
• Focus and work hard at training and games
• Training sessions and games are compulsory
• Look after any item of uniform that the school provides
• Abide by the relevant association/district or ACT Code of Conduct

Parents/Guardians/Spectators

• Remember that children participate in sport for their own enjoyment, not yours
• Encourage children to participate – do not force them
• Acknowledge a good effort by your own child or any other player
• Encourage your child to play by the rules
• Never ridicule, criticise or yell at your own child or any other player
• Set an example for your child of good spectator conduct
• Respect the decisions of referees and officials and teach children to do likewise
• Support your volunteer coaches, managers and school administrators
• Respect the authority of the coach. Canberra Girls Grammar School discourages parental sideline coaching because:
  ◗ a parent can send mixed messages to a student, and they do not know who to believe. The student will be a better player with only one coach.
  ◗ a parent may only have the interests of one student in mind, whereas the coach has the interests of the whole team.
  ◗ a parent may not know what the coach has discussed with a student/s, or the reasons why the team are doing something in a certain way.
  ◗ a parent can cause friction between themselves and a strong-minded student.
  ◗ a parent may inadvertently frustrate the officials and possibly some of the other team members and parents.
• Respect the opposition and respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion
• Never use verbal or physical abuse
• Abide by the relevant association/district or ACT Code of Conduct
• Exercise duty of care when leaving players at training or matches

**Coaches/Teachers**

• Remember that junior sport is for fun and enjoyment and that winning should not be the main motivation
• Never ridicule or yell at a child for making a mistake or losing the game
• Operate within the rules and spirit of your sport and teach your players to do the same
• Be reasonable in your demands on players time, energy and enthusiasm
• Whenever possible group players competitively according to size, skills and maturity
• Plan and prepare for practice sessions to provide variety, fun, enjoyment and skill development
• Make young people aware of the positive benefits of participation in sporting activities
- Avoid overplaying players. All players need and deserve equal time and opportunity.
- Be positive to your players and treat them equally and with respect.
- Encourage team respect for the ability of opponents and for the judgment of officials.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.
- Recognise the importance of following the advice of the player’s physician regarding injury.
- Any physical contact with a young person should be appropriate to the situation and necessary for the players skill development.
- Obtain appropriate qualifications and keep up to date with the latest coaching practices and principles of growth and development of young people.
- Abide by the rules of the game, the association/district/ACT governing body and the Canberra Girls Grammar School Code of Conduct.
- Demonstrate a sense of fair play and ensure your behaviour is acceptable.

Winning is more than the score.

SPORTS PARTICIPATION CONTRACT

Dear Parents and Student

Here at Canberra Girls Grammar School we value the importance of Co-curricular Sport. Through signing up for sport at Canberra Girls Grammar School, you and your child are agreeing to the terms stated in this Sports Participation Contract and the Codes of Conduct for sports at Canberra Girls Grammar School. You are making a commitment to attend all training sessions and games.

Please read the contract carefully. The School would like to ensure that students and their parents have given careful consideration to the responsibilities that go with undertaking a sport and the required level of commitment to the team.
Should a student be unable to attend a training session or game, they should notify the coach or manager of the team as early as possible remembering that there may be games scheduled in our holiday breaks. Should a student suddenly become ill, the coach or manager of the team must be contacted as soon as possible.

Where a student wishes to be involved in more than one sport in a season appropriate arrangements may be negotiated through the PE and Sport Department.

It is important to note that a student who fails to attend training sessions or a game, without prior notification will be contacted by the Coach or Manager of the team and reported to the Teacher Liaison of the sport. Should a student fail to attend training sessions or a game, for a second time, without prior notification, the student may be withdrawn from the team.

Where a student demonstrates inappropriate behaviour or attitude during training sessions or a game, the parents will be contacted by the Teacher Liaison of the sport or the Head of PE and Sport.

Students are required to wear the correct sports uniform to training sessions and games. Failure to do so on more than one occasion may lead to exclusion from the team on that day.

Please consider this information carefully. When signing up electronically for a sport you will be required to agree to the terms and conditions of this contract and the Codes of Conduct for sports at Canberra Girls Grammar School.

At the conclusion of any sports training, each child must be collected at the scheduled finish time from the point of training, and parent contact made with the Coach. No student will be permitted to wait unattended to be picked up after the conclusion of training. Any student without a parent present at the end of a training session will be escorted to the front office by the Coach where contact with a parent will be attempted. To cater for emergency situations, all students are required to register with After School Care. If the school is unable to make contact with a parent at the conclusion of a training session, and there is a place available in After School Care, your child will attend After School Care until collected. A charge will only apply when the service is used. Please advise the Coach and Teacher Liaison if you have booked your child in to attend After School Care at the conclusion of a training session.